



**Affiliated to:**

- World Bodybuilding And Physique Sports Federation (WBPF)
- Asian Bodybuilding And Physique Sports Federation (ABPF)
- South Asian Bodybuilding And Physique Sports Federation (SABBF)

**Recognized By:**

- The Association For International Sport For All (TAFISA)
- General Association of World Sports Federation (GAWSF)
- Foundation for Sport, Development & Peace (FSDP)
- International Sports Council (ISC)
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- World Leisure Organization (WLO)
- World Sports University (WSU)
- International Sport And Culture Association (ISCA)
- Pacific Games Council (PGC)

**Date: 03.12.2025**

To,

**The Secretaries / Executive Committee Members / Life Members**

Units of Eastern Zone

Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No.: IBBF/EI/CR-01-26

**Sub.: “12<sup>th</sup> East Zone Men’s & Women’s Bodybuilding and Physique Sports Championship 2026”**

**Dear Sir/Madam**

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated Units of Eastern India Zone to participate in the “**12<sup>th</sup> East Zone Men’s & Women’s Bodybuilding and Physique Sports Championship 2026**”. The said championship is organized by **Baulagada Club** with the co-operation of **Odisha Body Building Association** and **Bhubaneswar Body Building Association**. The said competition is organized on and from **10<sup>th</sup> January – 11<sup>th</sup> January, 2026** at **Bhubaneswar, near – Lord Lingraj Temple, Bhubaneswar – 2, Dist – Khordha, Odisha**

We on behalf of the Indian Body Builders Federation humbly request all the affiliated Units of Eastern zone to participate with maximum number of athletes to make this championship a grand success. This Championship is open only for the athletes of the affiliated state association of the Eastern India Zone.

We solicit your kind co-operation and understanding in this regard.

Thanking you,

**For Indian Body Builders Federation**

*S. Ramesh Kumar*

**Swamy Ramesh Kumar**



*Chetan M Pathare*

**Chetan M. Pathare**



**: CORRESPONDANCE ADDRESS :**

**Pathare Gymco : 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai – 400 012, Maharashtra, India**

**Mobile : +91-99679-71970**

**Email : ibbfmumbai09@gmail.com**

**Website : www.ibbf.in**

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President, IBBF

General Secretary, IBBF  
Secretary General, WBPF

**“12<sup>th</sup> East Zone Men’s & Women’s Bodybuilding and Physique Sports Championship 2026”**

**PARTICULARS**

<b>Contest</b>	:	12 <sup>th</sup> East Zone Men’s & Women’s Bodybuilding and Physique Sports Championship 2026
<b>Date</b>	:	Saturday, 10 <sup>th</sup> January & Sunday, 11 <sup>th</sup> January, 2026
<b>Organizer</b>	:	Odisha Body Building Association
<b>Reception / Registration</b>	:	Bhubaneswar, near – Lord Lingraj Temple, Bhubaneswar – 2, Dist - Khordha, Odisha
<b>Venue for Finals</b>	:	Bhubaneswar, near – Lord Lingraj Temple, Bhubaneswar – 2, Dist - Khordha
<b>Nearest Railway</b>	:	Bhubaneswar Railway Station
<b>Nearest Airport</b>	:	Bhubaneswar Biju Patnaik International Airport (BBI)
<b>Weight Group</b>	:	
<b>Men’s Bodybuilding</b>	:	<b>Total 10 Weight Groups</b> Up to & inclusive 55 kgs Up to & Inclusive 60 kgs Up to & inclusive 65 kgs Up to & Inclusive 70 kgs Up to & inclusive 75 kgs Up to & inclusive 80 kgs Up to & inclusive 85 kgs Up to & inclusive 90 kgs Up to & inclusive 90 - 100 kgs



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Above 100 kgs

**Women's Bodybuilding** : One Open Category  
**Men's Sports Physique** : Upto 165 Cms  
Over 165 Cms

**Women's Model / Sports Physique** : One Open Category

**Eligibility** : All the affiliated Units of Eastern Zone only can send Maximum numbers of body builders / Sports Physique / Model Physique athletes since there is no limit on numbers of athletes.

**Doping** : Dope test will be conducted at random by the National Anti-Doping Agency (NADA), New Delhi

**Prizes & Awards for** :  
**Men's Body Building** :  
1. First Three places in each category will receive Medal, Trophy and Certificates.  
2. Overall, Champion will receive Trophy along with Merit Certificate.  
3. All the participants will receive participation certificate.

**Entry Fees**

**Men's Bodybuilding** : Rs. 1000/- per competitor

**Women's Bodybuilding** : Rs. 1000/- per competitor

**Men's Sport Physique** : Rs. 1000/- per competitor

**Women's Model/Sport Physique** : Rs. 1000/- per competitor

**Last Date for Entry** : 30<sup>th</sup> December, 2025

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**Contact** : Mr. Prasanna Mahasuar - 9437004445  
Ms. Sumitra Tripathy - 9861291235  
**IBBF Secretariat** : Mr. Chetan M Pathare –General Secretary  
Mobile: 99679 71970

**Rules for the Contest** : 1. Team Managers please note that the competitors who fail to report for the weighing-in within the time limit will be eliminated from the championship.  
2. All officials and competitors must arrive prior to the schedule.  
3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same and the State Association/Union Territories will have to bear the cost of the same before departure.  
4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.  
5. Golden, Silver, and Bronze color tanning cream is not allowed.  
6. The lodging and boarding will be provided for **two night** only to the athletes and the officials. Those who arrive early or wish to stay later will have to make their own arrangements.

**Please Note** : The Indian Body Builders Federation, Odisha Body Building Association and no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.

**PLEASE NOTE:**

**NO BUSES OR CAR WILL BE ORGANISED FROM AIRPORT, RAILWAY STATION OR BUS STAND TO REACH REGISTRATION VENUE AND BACK.**



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## SCHEDULE

### **Saturday 10<sup>th</sup> January, 2026**

08.00 am onwards	:	Arrival of teams and Registration of all competitors, officials and judges
10.00 am – 01.00 pm	:	Registration & Weighing – in
01.00 pm to 02.00 pm	:	Lunch
04.00 pm – 5.00 pm	:	Annual General Body Meeting
06.00 pm onwards	:	Commencement of Prejudging
09.00 pm onwards	:	Dinner

### **Sunday 11<sup>th</sup> January, 2026**

08.00 am - 09.00 am	:	Breakfast for all athletes and officials in respective hotels
01.00 pm to 02.00 pm	:	Lunch
06.30 pm onwards	:	Commencement of Competition
<b>Men's Bodybuilding</b>	:	<b>Total 10 Weight Groups</b> Up to & inclusive 55 kgs Up to & Inclusive 60 kgs Up to & inclusive 65 kgs Up to & Inclusive 70 kgs Up to & inclusive 75 kgs Up to & inclusive 80 kgs Up to & inclusive 85 kgs Up to & inclusive 90 kgs Up to & inclusive 90 - 100 kgs

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Above 100 kgs

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**Men's Sports Physique** : Upto 165 Cms  
Over 165 Cms

**Women's Model / Sports Physique** : One Open Category

09.00 pm onwards : Dinner

**Monday 12<sup>th</sup> January, 2026**

08.00 am onwards : Departure



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**"12<sup>th</sup> East Zone Men's & Women's Bodybuilding and Physique Sports Championship 2026"****OFFICIAL ENTRY FORM**

Please fill this entry form and return on or before 30<sup>th</sup> December, 2025

SR.	NAME	CONTACT NO	CATEGORY	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				

Please complete with name of competitors, team manager, coach & judges.

TEAM MANAGER: \_\_\_\_\_ COACH: \_\_\_\_\_

JUDGE: \_\_\_\_\_ JUDGE: \_\_\_\_\_

UNIT NAME: \_\_\_\_\_

TRAIN No. & ARRIVAL TIME \_\_\_\_\_

TRAIN No. & DEPARTURE TIME: \_\_\_\_\_

SEAL

SIGNATURE OF PRESIDENT/SECRETARY

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