



Affiliated to:

- World Bodybuilding And Physique Sports Federation (WBPF)
- Asian Bodybuilding And Physique Sports Federation (ABPF)
- South Asian Bodybuilding And Physique Sports Federation (SABBF)

Recognized By:

- The Association For International Sport For All (TAFISA)
- General Association of World Sports Federation (GAWSF)
- Foundation for Sport, Development & Peace (FSDP)
- International Sports Council (ISC)
- International Council of Sport Science and Physical Education (ICSSPE)

- World Leisure Organization (WLO)
- World Sports University (WSU)
- International Sport And Culture Association (ISCA)
- Pacific Games Council (PGC)

Date: 25th December, 2024

To,
The Secretaries/Executive Committee Members/Life Members
State Body Building Associations / Union Territories / Government Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.

Ref.IBBF/SARAI/CR-04-2024

Subject: "36th Mr. Saraighat & 4th Ms. Saraighat 2025
(Invitational Bodybuilding & Women's Model Physique Championship)

Dear Sir/Madam,

The Indian Body Builders Federation is pleased to announce that **Assam Body Builders & Fitness Association** has taken initiative under the leadership and guidance of **General Secretary Mr.Bhabajyoti Goswami** and the entire team to organize the most prestigious Bodybuilding Invitational Championship "36th Mr.Saraighat & 4th Ms.Saraighat-2025", **Invitational Bodybuilding & Women's Model Physique Championship**, at **BKB Auditorium, Guwahati University, Guwahati on Sunday, 23rd March, 2025.**

We on behalf of the Indian Body Builders Federation take this opportunity to invite the best athletes and officials from affiliated State/Union Territories/Government Sports Board units to participate in this most prestigious invitational body building championship of the year.

We solicit your kind co-operation and u understanding in this regard.

Thanking you,
For **Indian Body Builders Federation**

S. Ramesh Kumar

Swamy Ramesh Kumar
President, IBBF



Chetan Manohar Pathare

Chetan Manohar Pathare
General Secretary, IBBF
Secretary General – WBPF



: CORRESPONDANCE ADDRESS :

Pathare Gymco : 280/A, Jawalkar Mansion, Dr. B. Ambedkar Road, Parel, Mumbai – 400 012, Maharashtra, India
Mobile : +91-99679-71970 Email : ibbfmumbai09@gmail.com Website : www.ibbf.in

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“36th MR. SARAIGHAT - 2025”

(Invitational Bodybuilding & Women’s Model Physique Championship)

PARTICULARS

Contest	:	“36 th Mr.Saraighat-2025,
Date	:	Sunday, 23 rd March, 2025
Organizer	:	Saraighat Gym
Venue for Finals	:	BKB Stadium, Guwahati University, Guwahati
Categories		
Men’s Bodybuilding	:	One Open Category
Women’s Model Physique	:	One Open Category
Prizes	:	
Men’s Body Building	:	First Ten Winners will receive Cash prizes of Rs.1,50,000/-, Rs.1,00,000/-, R.80,000/-, Rs.60,000/-, Rs.50,000/-, Rs.40,000/-, Rs.30,000/-, Rs.30,000/-, Rs.30,000/-, Rs.30,000/-, along with the gift items.
Women’s Model Physique	:	Top Five winners will receive Cash prizes of Rs. 35,000/-, Rs. 25,000/-, Rs. 15,000/-, Rs. 15,000/-, Rs. 15,000/- along with the gift items
		All the participants will receive participation certificate.
Entry Fees		
Men’s Bodybuilding	:	Rs.1,000/- per competitor

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Women's Model Physique : Rs.3,000/- per competitor

Last Date for Entry : 15th March, 2025

Contact : Mr.Bhabajyoti Goswami – 9401381658 /7002568150

IBBF Secretariat : Ms. Hiral Sheth – Associate Secretary
Mobile: 09819637300

Rules for the Contest

1. No lodging and boarding will be provided.
2. All officials and competitors must arrive prior to the schedule.
3. All the officials and judges are requested to come in uniform prescribed by IBBF, else they will not be allowed to participate in any official activities and will not be allowed to sit as judge.
4. Golden, Silver, and Bronze colour tanning cream is not allowed.
5. It is compulsory for the participants participating bring their own music CD for the free posing performances to make this show a grand success.
6. Participants are requested to use proper trunks and tanning cream.

Entries : **Please send your entries/confirmation on or before 15th March, 2025**
General Secretary
Indian Body Builders Federation
C/o, Pathare Gymco
280/A, Jawalkar Mansion,
Dr.Babasaheb Ambedkar Road, Parel,
Mumbai-400012. Maharashtra.
Email – ibbfmumbai09@gmail.com

Please Note : The Indian Body Builders Federation, Assam Body Builders & Fitness Association or no other organizers will be responsible for any mischief, injury or damages

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sustained in travel, before, during or after the championship.

SCHEDULE

Sunday, 23rd March, 2025

- 11.00 AM ONWARD : Arrival of all competitors, officials and judges
- 04.00 PM : Registration of Participants/Officials/Judges
- 05.00 PM Onwards : Commencements of Finals & Prize Distribution
Venue : BKB Auditorium, Guwahati University
- 10.00 PM : Farewell Dinner only to the Invited officials and participating athletes

Monday 24th March, 2025

- 9.30 AM Onwards : Departure of all competitors, officials & judges.

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