



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date : 15th October, 2018

To,
The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Sports Board
Affiliated to Indian Body Builders Federation, Mumbai.

Ref. No. : IBBF/SN/CR-02-18-19

Sub. : "South India Body Building & Physique Sports Championship 2018 "

Dear Sir/Madam

The Indian Body Builders Federation is please to inform you that Andhra Body Builders Association has taken initiative to organise "**SOUTH INDIA SENIOR/MASTERS/WOMEN'S BODY BUILDING & MEN'S PHYSIQUE SPORTS CHAMPIONSHIP 2018**", on 17th – 18th November, 2018 at Nirmala Devi Function Hall, Chinameram, Bhimavaram, W.G. DT 534202, A.P. This Championship is open only for the athletes of the affiliated state association of the South India Zone.

We, on behalf of Indian Body Builders Federation request all the affiliated State Association of the South India Zone to send their team as per the circular attached herewith to make this championship a grand success.

Your kind co-operation is solicited.

Thanking you,

For Indian Body Builders Federation

Mr.Chetan M. Pathare
General Secretary





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**“South India Senior/Masters/Women’s Body Building and
Men’s Physique Sports Championship 2018”**

PARTICULARS

- Contest** : South India Sr./Masters/Women’s Body Building & Men’s Physique Sports Championship 2018
- Date** : 17th – 18th November, 2018
- Organizer** : Andhra Body Builders Association
- Reception / Registration** : ALEERT Gym, J.P.Road,
Hotline Super Market Upstair,
Bhimavaram, WG GT, A.P.
- Venue for Pre-Judging & Finals** : Nirmala Devi Function Hall, Chinameram, Bhimavaram, WG DT
- Nearest Railway** : Bhimavaram Town
- Nearest Airport** : Vijayawada (Ganavaram)
- Weight Group** :
- Men’s Bodybuilding** : **Total Nine Weight Groups**
Up to & inclusive 55 kgs, Up to & Inclusive 60 kgs
Up to & inclusive 65 kgs, Up to & Inclusive 70 kgs
Up to & inclusive 75 kgs, Up to & Inclusive 80 kgs
Up to & inclusive 85 kgs, Up to & Inclusive 90 kgs
Above 90 Kgs
- Men’s Physique Sports** : One open Group
- Men’s Masters** : Two Category : i) 40 Yrs.-50 Yrs.
ii) 50 Yrs. and Above
- Women’s Bodybuilding** : One Open Group
- Eligibility** : All the affiliated State units of South India Zone only can
Send Maximum numbers of body builders for both the
competitions since there is no limit on numbers of athletes.
- Doping** : Dope test may be conducted at random by the
National Anti Doping Agency (NADA), New Delhi



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Prizes & Awards for

Men's Body Building

- :
1. First Five places in each category will receive Medals, Certificates and Memento.
 2. First THREE places in each category will receive cash Prizes of Rs. 10,000/-, Rs.7,500/-, Rs.5000/- along with Merit Certificates respectively.
 3. Fourth and Fifth place will receive Certificate & Memento.
 4. Overall Champion will receive Cash Prize of Rs.1,00,000/- Along with Merit Certificate.
 5. All the participants will receive participation certificate.

Men's Best Physique

- :
1. First Five places will receive Medals, Certificate and Memento.
 2. All the participants will receive participation certificates.

Men's Masters B.B.

- :
1. First Five places will receive Medals, Certificate and Memento.
 2. All the participants will receive participation certificates.

Women's Bodybuilding

- :
1. First Five places will receive Medals, Certificate and Memento.
 2. All the participants will receive participation certificates.

Entry Fees

Men's Bodybuilding

: Rs.500/- per competitor

Men's Best Physique

: Rs.1000/- per competitor

Last Date for Entry

: 31st October, 2018

Contact

Organiser

: Ramana Murthy – 9848802704
9840030298 / 9963733962 / 9347777778

IBBF Secretariat

: Swamy Ramesh – Treasurer IBBF -9399311713

Rules for the Contest

- :
1. Team Managers please note that the competitors who fail To report for the weighing-in within the time limit will be eliminated from the championship.
 2. All officials and competitors must arrive prior to the schedule.
 3. Team Manager please note Bodybuilders using tanning products / oil will be responsible for payment in full for bed sheets, pillow covers and wall paint stained by the same and the State Association/Union Territories and Sports Boards will have to bear the cost of the same before departure.



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4. All the officials, managers, coaches are requested to come in uniform prescribed by IBBF will not be allowed to participate in any official activities and will not be allowed to sit as judge.
5. Golden, Silver, and Bronze colour tanning cream is not allowed.
6. It is compulsory for the participants participating for Best Poser contest to bring their own music CD, Vulgar songs and actions will not be allowed and the said participant will be banned from the Best Poser contest.

Please Note

: The Indian Body Builders Federation, Andhra Body Builders Association or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the championship.



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SCHEDULE

Saturday 17th November 2018

Upto 12.00 PM : Arrival of all competitors, officials and judges
12.00 pm to 2.00 pm : Lunch
05.00 PM : Annual General Meeting
06.00 PM : Weighing-in
09.00 PM : Dinner

Sunday 18th November, 2018

8.00 AM to 9.00 AM : Breakfast
9.30 AM : March Past
10.00 AM Onwards : Pre-Judging, Finals & Prize Distribution
09.00 PM : Dinner



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**"South India Body Building &
Physique Sports Championship 2018"
OFFICIAL ENTRY FORM**

Please fill this entry form and return on or before 31st October, 2018

Please complete with name of competitors, team manager, coach & judges.

SR.	NAME	DATE OF BIRTH	CATEGORY	WEIGHT
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
13.				
14.				
15.				
16.				
17.				
18.				
19.				
20.				
21.				

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____

TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))

MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that _____

Body Builders/Officials of _____

is/are taking part in the **South India Body Building & Physique Sports Championship 2018**

being organized by **Andhra Body Builders Association**; under the authority of **Indian Body**

Builders Federation. From 17th – 18th November, 2018 at Nirmala Devi Function Hall,

Chinameram, Bhimavaram, W.G. DT 534202, Andhra Pradesh. This/These participant(s)

is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching

Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey

from _____ to _____ and back.

For Indian Body Builders Federation

Chetan Pathare

Mr. Chetan M. Pathare
General Secretary

