



Recognized by : Government of India, Ministry of Youth Affairs & Sports, New Delhi
Sports Authority of India, New Delhi, National Anti Doping Agency, New Delhi

Affiliated to : South Asian Bodybuilding & Fitness Federation
Asian Body Building and Physique Sports Federation, Singapore
World Body Building and Physique Sports Federation, Dubai, UAE

Recognized by : The Association for International sports for All (TAFISA), Frankfurt, Germany
Pacific Games Council (PGC), Australia

Date: 17th November 2017

To,

The Secretaries / Executive Committee Members / Life Members
State Body Building Associations / Union Territories / Sports Boards
Affiliated to Indian Body Builders Federation
Mumbai.

Ref. No.:IBBF/SN/CR-03-17

Sub.: "7th Federation Cup 2018"

Senior National Men's Body Building & Men's Sports Physique Championship

Dear Sir / Madam,

The Indian Body Builders Federation is pleased to extend its Invitation for all its affiliated State Units/ Union Territories and Sports Boards to participate in the **"7th Federation Cup 2018"** National Men's Bodybuilding and Men's Sports Physique Championship; organized by **New Body Building and Fitness Association, Bihar**. The said competition is organized on 27th – 28th January 2018 at Bhartiya Nritya Mandir, Patna, Bihar.

We on behalf of Indian Body Builders Federation humbly request all the affiliated State Associations / Union Territories / Sports Boards to participate with best of their body builders as mentioned in this circular, to make this championship a grand success.

Thanking you

For Indian Body Builders Federation

Mr. Chetan M. Pathare
General Secretary





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7th FEDERATION CUP 2018

Sr. National Men's Body Building and Men's Sports Physique Championship

PARTICULARS

- Contest** : 7th FEDERATION CUP 2018
Senior Men's National Body Building and Men's Sports Physique Championship
- Date** : Saturday 27th January 2018 to Sunday 28th January 2018
- Organiser** : New Body Building and Fitness Association, Bihar
- Venue for Finals** : Bharatiya Nritya Kala Mandir
Fraser Rd., Rajapur, Raja Ji Salai, Indira Nagar, Patna, Bihar
- Reception** : Youth Hostel Hall, Patna
- Lodging for participants:** Lodging will be provided for Two nights only.
- Lodging for Officials** : Lodging will be provided for Two nights only.
- Nearest Railway Station:** Patna Railway Station
- Nearest Airport** : Patna Airport
- Contact** : Krishna Kant Kunwar – 09931558960 / 09608888151
Raju Raj – 09835204766/09430028767
Ashok Goswamy – 08409814444/09304022151
- IBBF Secretariat** : Mr. ChetanPathare –General Secretary
Mobile: 099679 71970
- Weight Group** :
For Men's Body Building
- Total ten weight groups
Up to & inclusive 55 kgs
Up to & inclusive 60 kgs
Up to & inclusive 65 kgs
Up to & inclusive 70 kgs
Up to & inclusive 75 kgs
Up to & inclusive 80 kgs
Up to & inclusive 85 kgs
Up to & inclusive 90 kgs
Above 90 kgs&below100kgs
Above 100 kgs



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For Men's Sports Physique : One Open Group

Eligibility : All the affiliated State units/ Union Territories / Sports Boards can send 12 numbers of body builders but in each group only two athletes of each unit will be allowed to participate in Senior Men's Body Building Category.

In Men's Sports Physique category each unit can send only **FOUR** athletes

Entry Fee :

For Body Building Rs.500/- per competitor for Senior Men's Body Building

For Best Posing Rs.500/- per competitor for Best Poser Contest.

For Men's Sports Physique Rs.2000/- per competitor

Entry Fee for Official : Rs. 1000/- per official

Last Date for Entry : 10th January 2018.

Submission of entries : Entries will be accepted in prescribed format
Entries may be sent to

1. General Secretary
Indian Body Builders Federation
PathareGymco
280/A, Jawalkar Mansion,
Dr. B. Ambedkar Road,
Parel, Mumbai-400 012.
Maharashtra.
2. Email:- ibbf_mumbai@yahoo.in

Annual Fees : All the affiliated state associations those who have not yet paid their Annual Membership Fees of Indian Body Builders Federation are requested to pay on or before 31st December 2017.

Prizes & Awards

Senior Men's Body Building :

1. First three places in each category will receive Gold, Silver & Bronze Medals.
2. First Five places in each category will receive Trophies & Merit Certificates.
3. Overall Champion will receive Trophy, Merit Certificate
4. Best Poser will receive Trophy, Merit Certificate
5. Most Improved Body Builder will receive Trophy, Merit Certificate.
6. Team Championship will receive Trophy, Merit Certificate.



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7. All the Participants will receive participation certificate.

Men's Sports Physique :
1. First Three places will receive Gold, Silver, & Bronze Medals.
2. First Five Places will receive Merit Certificate.
3. Overall Champion will receive Trophy, Merit Certificate.
4. All the participants will receive Participation Certificate.

Doping : Dope test may be conducted at random by the National Anti Doping Agency (NADA).

Rules for the Contest

1. Team Managers to note that competitors who fail for weighing-in within the time limit will be eliminated from the championship.
2. All officials & competitors must arrive prior to the schedule.
3. Organizers will provide free lodging & boarding to all Competitors, coach, manager along with Executive Committee Members of Indian Body Builders Federation for two nights.
Other than the above mentioned officials, extra officials & supporters will not be allowed and will not be provided with lodging and boarding facility. We require state units co-operation for the same.
4. Team Manager note - Bodybuilders using tanning products/oil will be responsible for payment in full for bed sheets & pillow covers wall paint stained by the same.
5. All the Officials, managers, coaches are requested to come with their proper uniform.
6. Participants and officials who arrive before 27th January 2018 and wish to stay after 28th January 2018 will have to bear for their lodging & boarding.
7. Golden, Silver and Bronze colour tanning cream is not allowed.
8. It is compulsory for the participants participating for Best Poser contest to bring their own Music CD. Vulgar songs and actions will not be tolerated and the said participant will be banned from the Best Posing contest.

Please note : Indian Body Builder's Federation, New Body Building & Fitness Association, Bihar or no other organizers will be responsible for any mischief, injury or damages sustained in travel, before, during or after the competition.



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SCHEDULE

Saturday 27th January 2018

08.00 AM ONWARDS : Arrival of all competitors, officials & judges

12.30 PM TO 03.00 PM : Lunch (Venue will be informed later)

03.30 PM TO 04.30 PM : Judges / Coaches / Team Managers Meeting
(Venue will be informed later)

04.30 PM ONWARDS : Weighing In (Venue will be informed later)

08.00 PM ONWARDS : Welcome Dinner (Venue will be informed later)

Sunday 28th January 2018

07.00 AM TO 09.00 AM : Break Fast (Venue will be informed later)

10.00 AM ONWARDS : Finals and Prize Distribution

01.00 PM TO 03.00 PM : Lunch (Venue will be informed later)

08.00 PM TO 10.00 PM : Farewell Dinner (Venue will be informed later)

Monday 29th January 2017

11.00 AM : Departure of all competitors, officials & judges



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OFFICIAL ENTRY FORM

Please fill this entry form and return on or before 10th January 2018.

SR.	NAME	CATEGORY	MOBILE NO.	WEIGHT
1		Bodybuilding		
2		Bodybuilding		
3		Bodybuilding		
4		Bodybuilding		
5		Bodybuilding		
6		Bodybuilding		
7		Bodybuilding		
8		Bodybuilding		
9		Bodybuilding		
10		Bodybuilding		
11		Bodybuilding		
12		Bodybuilding		
1		Men's Sports Physique		
2		Men's Sports Physique		
3		Men's Sports Physique		
4		Men's Sports Physique		

TEAM MANAGER: _____ COACH: _____

JUDGE: _____ JUDGE: _____

UNIT NAME: _____

TRAIN No. & ARRIVAL TIME: _____ TRAIN No. & DEPARTURE TIME: _____

SEAL

SIGNATURE OF PRESIDENT/SECRETARY



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Date: 17 November 2017

RAIL TRAVEL CONCESSION

(Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II))
MOR/Ref:- No.TC-II/2035/06/BodyBuilding(Dt.5/8/2013)

This is to Certify that _____

Body Builders/Officials of _____

is/are taking part in the **S7th Federation Cup 2018, Sr.Men'sNational Body Building and Physique Sports Championship** being organized by **New Body Building and Fitness Association, Bihar**; under the authority of **Indian Body Builders Federation**. From 27th January to 28th January 2018. This/These participant(s) is/are entitled to rail concession under S.No. 1 & 2 of annexure to Rule 101 of IRCA Coaching Tariff No.25, Part-I (Vol.II). Concession Order for both journeys on paying 25% each journey from _____ to _____ and back.

For **Indian Body Builders Federation**

Chetan M. Pathare
General Secretary